Keeping It Safe and Fun
A guide for everyone

RYA SCOTLAND

We'd like everyone to enjoy their time on and off the water.

Our aim is to create a safe and welcoming environment where you can have fun while growing your skills and confidence. We'd also like to make sure that everyone is treated with respect, has their achievements celebrated and their views listened to.



Take a look at the **Safe Sport hub** on our website for all our safeguarding resources.

We all have a role to play in making sailing a positive, safe and fun activity for everyone. Here's what you can do:

Positive behaviour

We expect everyone participating in events to come with a positive and cooperative attitude. This means:

- Be prepared and on time for sessions.
- Treat everyone respectfully.
- Be careful with your language – don't swear or use insulting comments.
- Listen and respond to what the organiser is asking you to do.
- Stay positive and always try your best!

View our Codes of Conduct for specific groups

- **Children, Young People & Supporters**
- **Instructors**
- **Coaches**



View our full **Anti-Bullying** Policy

respectme
Scotland's Anti-Bullying Service

"You don't have to like me, agree with me or enjoy the same things I do... but you do have to respect me." respectme, Scotland's Anti-Bullying Service

Say no to bullying

We expect everyone to be supportive of those around them. This means:

- Respect everyone's rights to be involved.
- Never bully other participants, either by yourself or in a group.
- Speak to an event organiser if you have concerns.
- Be thoughtful about how you speak to – and about – other people.

Think about wellbeing and safeguarding

Everyone has a part to play in creating a supportive, inclusive environment and looking out for the emotional health and wellbeing of others. This means:

- Get involved and work together to make sessions fun and enjoyable for all.
- Collaborate to nurture positive, mutually respectful relationships among everyone involved in an event.
- Speak up if you feel worried, upset or scared, or if you are made to feel unsafe.
- Report anything you are worried about to the adult in charge or one that you trust.

Our safeguarding commitment

RYA Scotland is committed to safeguarding all participating children, young people and vulnerable adults from abuse and harm and ensuring their wellbeing. Take a look at our full **Safeguarding Policy.**



You also have a responsibility to sail clean and compete as

100% me UKAD

Racing: extra things to consider

With many of our activities organised as racing events, we'd like to ensure that racing is welcoming and inclusive for all.

Our **Racing Charter** supports this by promoting rule observance and good sportsmanship. The charter covers:

- Fair racing
- Fair dispute resolution
- Respect
- Accountability

It's also a good idea to familiarise yourself with the **Racing Rules of Sailing**, which require competitors to adhere to recognised principles of good sportsmanship and fair play, and behaviour is covered too. For example, according to Rule 69, misconduct includes breaches of good manners or sportsmanship, or behaviour that is unethical.

Learn the Racing Rules easily

Take a look at our simple video guides.

Or get your copy of the RYA Handy Guide to Racing Rules.

Our values

Openness
Excellence
Responsibility
Integrity

We expect everyone involved in an event – sailors, volunteers, coaches and staff – to live up to these values.

Thank you for reading!

By working together, we can make sure that everyone involved in sailing and boating has fun and enjoys all the benefits of being on water, while staying safe too.

If you have any questions, please raise them with the organisers of the event or activity.

Or contact the RYA Scotland Safeguarding Lead Officer on **safeguarding@ryascotland.org.uk** or the RYA Safeguarding Team on **safeguarding@rya.org.uk**

And by calling **02380 012796**

