market hall FOODS

5655 College Avenue, Oakland • (510) 250-6005

Chanukah Menu 2026 — Heating Instructions

COOK'S NOTES

- **Most items on our menu are ready to eat at room temperature.** You may also enjoy them heated up, following the oven/stovetop heating instructions for each dish.
- **Most items reheat very well in the microwave.** Be sure to stir food halfway through heating.
- **Bring food to room temperature before heating.**
- **Specific heating times will vary** depending on portion size, temperature of food prior to heating, oven type and accuracy of temperature. Please keep these considerations in mind when heating.

MENU ITEMS

Meema's Noodle Kugel / Vegetable Kugel
Cover and heat in a 350 °F oven for 20 – 25 minutes (45 – 50 minutes for an extra large size tray). Uncover and heat 5 minutes more.

Chicken with Preserved Lemons & Olives
Bring to room temperature. Cover and heat in a 350 °F oven for 15 – 20 minutes for a 1 lb portion. Adjust heating time according to portion size.

Chickpea & Butternut Squash Tagine
Bring to room temperature. Cover and heat in a 350 °F oven 12 – 15 minutes for a 1 lb portion. Heat in microwave on high for 3 – 5 minutes. Adjust heating time according to portion size.

Couscous with Crispy Shallots
Warm covered for 10 – 12 minutes in a 350 °F oven. Heat in microwave on high for 2 – 3 minutes. Adjust heating time according to the size of the portion.

Wild Mushroom Rice Pilaf
Warm covered for 10 – 12 minutes in a 350 °F oven. Heat in microwave on high for 2 – 3 minutes. Adjust heating time according to the size of the portion.

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Potato Latkes
Heat in a single layer in a 425 °F oven for 8 – 10 minutes.

Matzoh Ball Soup
Heat on a gentle simmer in a covered saucepan for 5 minutes. Heat in microwave on high for 3 – 5 minutes or until warmed through.

Grilled Salmon
Best enjoyed at room temperature. To heat, wrap in foil and warm in a 375 °F oven for 8 – 12 minutes.

Broccolini
Sauté quickly in a pan over medium high heat for 3 – 4 minutes. For the microwave, heat on high for 1 – 2 minutes.

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